

American Red Cross Learn to Swim Program



Work your way up to becoming a great swimmer with our learn to swim program!

Exeter Parks & Recreation Department's will offer American Red Cross Learn-To-Swim Program for students age 5 and over during the summer. The new American Red Cross Learn-to-Swim classes provide instruction to help swimmers of all ages and abilities develop their swimming and water safety skills. It is designed to give students a positive learning experience. Learn-to-Swim teaches aquatic and safety skills in a logical progression. The objective is to teach people to swim and to be safe in, on and around the water.

Our classes are supervised by at least one Red Cross certified WSI. Our swim lessons are taught by our lifeguard staff. Most have extensive competitive swimming backgrounds. Classes are capped at 10, but sometimes due to switching of levels, a class may end up with 11 enrolled in the course. There are usually one to two instructors for each class and it may vary from day to day based on days off etc.

This program is offered in six (6) class levels. Level I, Water Exploration; Level II, Primary Skills; Level III, Stroke Readiness; Level IV, Stroke Development; Level V, Stroke Refinement; Level VI - Skill Proficiency.

[Driving Directions](#)

Click any thumbnail image to view a slideshow



Supporting Documents



[General Registration Form](#)



[Red Cross Swim Information Sheet](#)



[Youth Medical Release Form](#)

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Published on Town of Exeter New Hampshire Official Website (<http://exeternh.gov>)

Web Links

[Online Registration](#)

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